

indoor pool schedule (May 27-Jun 10)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|--|---------------------------------------|
| 8:00AM-6:50PM Lap Swim 12 spots open | 5:30AM-3:45PM Lap Swim 12 spots open 5:30-9:50a 12 spots open 11:00a-2:50p 8 spots open 3:00-3:45p | 5:30AM-8:50PM Lap Swim 12 spots open 5:30a-2:50p 8 spots open 3:00-3:45p | 5:30AM-3:45PM Lap Swim 12 spots open 5:30-9:50a 12 spots open 11:00a-2:50p 8 spots open 3-3:45p | 5:30AM-8:50PM Lap Swim 12 spots open 5:30-2:50p 8 spots open 3:00-3:45p | 5:30AM-6:50PM Lap Swim 12 spots open | 8:00AM-6:50PM 12 spots open |
| | 10:00-10:50AM H2 Moves No Lap Swim | | 10:00-10:50AM H2 Moves No Lap Swim | | | |
| | 3:45-7:15PM Swim Team No Lap Swim | 3:45-7:15PM Swim Team No Lap Swim | 3:45-7:15PM Swim Team No Lap Swim | 3:45-7:15PM Swim Team No Lap Swim | | |
| | 7:30-8:50PM Lap Swim 10 spots open | 7:30-8:50PM Lap Swim 10 spots open | 7:30-8:50PM Lap Swim 10 spots open | 7:30-8:50PM Lap Swim 10 spots open | | |

LAP SWIM AVAILABILITY

Unless Noted, ALL lanes are open

| | | | | | | |
|----------------------|---|---|--|---|----------------------|----------------------|
| 8:00AM-6:50PM | 5:30AM-9:50AM 11:00AM-2:50PM 3:00-3:45PM 8 spots 7:30-8:50 PM 10 spots | 5:30AM-2:50PM 3:00-3:45PM 8 spots 7:30-8:50PM 10 spots | 5:30AM-9:50AM 11:00AM-2:50PM 3:00-3:45PM 8 spots 7:30-8:50PM 10 spots | 5:30AM-2:50PM 3:00-3:45PM 8 spots 7:30-8:50PM 10 spots | 5:30AM-6:50PM | 8:00AM-6:50PM |
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ALL TIMES ARE SUBJECT TO CHANGE,
 Please check the MindBody app for any changes

Questions? email aquatics@slcjjc.org
 Schedule also available online at slcjjc.org



outdoor pool schedule (May 27-Jun 10)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|--|--|
| 8:00–9:50AM Adult Swim Workout 4 spots for lap swim | 5:30AM–8:50PM Lap Swim 12 spots open 5a-2:50p 4 spots open 3-8:50p | 5:30AM–8:50PM Lap Swim 12 spots open 5:30a-2:50p 4 spots open 3p-8:50p | 5:30AM–8:50PM Lap Swim 12 spots open 5a-2:50p 4 spots open 3-8:50p | 5:30AM–8:50PM Lap Swim 12 spots open 5:30a-2:50p 4 spots open 3p-8:50p | 5:30–6:50PM Lap Swim 12 spots open 5:30-9:50a 12 spots open 11a-2:50p 4 spots open 3-6:50p | 8:00AM–6:50PM Lap Swim 12 spots open 8-10:50a 4 spots open 11:30a-6:50p |
| 8:00AM–6:50PM Lap Swim 4 spots open 8-9:50a 12 spots open 10-11:30a 4 spots open 11:30-6:50p | | | | | 10:00–10:50AM H2 Moves No Lap Swim | |
| 11:30AM–6:30PM Open Plunge 4 spots for lap swim | 3:00–8:30PM Open Plunge 4 spots for lap swim | 3:00–8:30PM Open Plunge 4 spots for lap swim | 3:00–8:30PM Open Plunge 4 spots for lap swim | 3:00–8:30PM Open Plunge 4 spots for lap swim | 3:00–6:30PM Open Plunge 4 spots for lap swim | 11:30AM–6:30PM Open Plunge 4 spots for lap swim |

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