

SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
12:00 to 12:45 PM	Swim M/W [★] Sports M/W [★] Dance	Cyclones T/TH [★] Sports T/TH [★] Dance Yoga Rock Climbing	Swim M/W [★] Sports M/W [★] Dance Yoga Rock Climbing	Cyclones T/TH [★] Sports T/TH [★] Dance Rock Climbing
3:30 to 4:15 PM	Swim M/W [★] Sports M/W [★] Dance Yoga	Swim T/TH [★] Dance Yoga	Swim M/W [★] Sports M/W [★] Rock Climbing	Swim T/TH [★] Rock Climbing

★ Classes run 2 days a week.

P PRESCHOOL Ages 3 - 5 (must be 3 by 9/1/16)

K KINDERGARTEN Ages 5 - 6

SWIM:

Children must be potty-trained, and all children under 4 years old are required to wear a reusable swim diaper.

SWIM (2 DAYS/WEEK) – Certified swim instructors teach children to be safe around the pool and introduce basic swimming skills in small group settings.

CYCLONES (2 DAYS/WEEK \$155) – A pre-competition swim group. Children must be comfortable in the water by themselves. Classes will focus on proper competitive techniques in preparation for swim team.

HURRICANES SWIM WORKOUT – See additional flyer for information on this monthly program.

DANCE:

DANCE – An introductory class to create a foundation of numerous dance styles including ballet, modern, jazz, and hip-hop.

* Dance classes will have a class demonstration on the last day of the class.

Yoga:

YOGA – This class uses stories blended with yoga postures, breathing, and relaxation to promote learning and brain development.

SPORTS:

SPORTS (2 DAYS/WEEK) – Children engage in basic sports-based activities that will help improve motor skills, coordination, balance, and team work.

ROCK CLIMBING – Designed to teach fundamental climbing skills to build strength, endurance, balance, & flexibility. *Class space is limited to 4 participants.*

REGISTER ONLINE: WWW.SLCJCC.ORG/SDS

CLASS INFORMATION:

The SDS Program is a series of classes to teach children specialized skills that work conveniently with ECC schedules.

Participants:

Must be at least 3 years old by 9/1/2016

Must be potty trained

Times:

Classes are 30 minutes, stated times include transitions.

Children will be brought to instructors by ECC teachers.

Pick up is at 12:45 or 4:15 depending on the class.

Parents will pick up children unless they are enrolled in Extended ECC or Afterschool.

SDS LATE FEE POLICY: A \$10 late fee will be assessed for every 5 minutes after the regularly scheduled pick up time. Three unpaid late fees may result in exclusion from SDS programs.

Dates: **REGISTRATION WILL CLOSE ON MARCH 8TH**

Classes must have 4 children enrolled by start date or will be cancelled.

Classes do not run when ECC has half days or is closed.
(See Below)

Makeups will be scheduled in the event of a JCC cancellation or facility closure. There are no makeup dates for scheduled closures.

NO CLASSES HELD ON THE FOLLOWING DATES:

March 29 - 30, April 3 - 18, May 4

Further Information:

Shannon Hollinger, shollinger@slcjcc.org

Aubri Goodfellow; agoodfellow@slcjcc.org

Polly Silva; psilva@slcjcc.org

Sign-up Pricing:

1 day/week - \$85

2 days/week - \$135

Cyclones - \$155

Early registration recommended as class space is limited.

LATE REGISTRATION WILL INCUR A \$25 FEE

NO REFUNDS AFTER PROGRAM STARTS

HALF DAY CAMPS AVAILABLE ON MOST CLOSURE DATES

REGISTER ONLINE:

WWW.SLCJCC.ORG/SDS



I.J. & Jeanné Wagner
Jewish Community Center

SWIM

S

SPRING 2017

DANCE

D

MAR 13 - MAY 11

SPORTS

S