

# small group training studio schedule

(jan 2 - may 28)

small group training studio rates		
CLASS TYPE	MEMBER DISCOUNT	GENERAL
10-Punch Pass	\$100	\$130
Ultimate Pass — Monthly	\$65	\$105
Drop-In Fee	\$15	\$20

Must pre-register 24 hours in advance; classes subject to cancellation. Schedule through Mindbody. See [slcjcc.org/sgt](http://slcjcc.org/sgt) or download the app.

## SUNDAY

**8 AM**  
**Boot Camp**  
Leslie

## MONDAY

**6 AM**  
**Boot Camp**  
Katherine

**9 AM**  
**Boot Camp**  
Jordan

**5 PM**  
**Boot Camp**  
Aubri/Leslie

## TUESDAY

**8 AM**  
**TRX** (45 minutes)  
Kathleen

**9 AM**  
**Boot Camp**  
Jordan

**1:15 PM**  
**Boot Camp**  
Leslie

## WEDNESDAY

**6 AM**  
**Boot Camp**  
Katherine

**9 AM**  
**Boot Camp**  
Jordan

**1:15 PM**  
**Boot Camp**  
Leslie

**5 PM**  
**Boot Camp**  
Leslie

## THURSDAY

**8 AM**  
**TRX** (45 minutes)  
Kathleen

**9 AM**  
**Boot Camp**  
Jordan

## FRIDAY

**6 AM**  
**Boot Camp**  
Jordan

**9 AM**  
**Boot Camp**  
Jordan

**1:15 PM**  
**Boot Camp**  
Leslie

## SATURDAY

**No Classes**

### Small Group Training Studio 101

Free for JCC members.  
To schedule contact  
Shannon at  
[shollinger@slcjcc.org](mailto:shollinger@slcjcc.org)  
or Aubri at  
[agoodfellow@slcjcc.org](mailto:agoodfellow@slcjcc.org)



### IJ & Jeanné Wagner Jewish Community Center

2 North Medical Drive • Salt Lake City, Utah 84113  
801.581.0098 • [www.slcjcc.org](http://www.slcjcc.org)

Schedules also available online and on the Wagner JCC mobile app

\*Classes and instructors subject to change

### Facility Hours:

Monday - Thursday, 5 AM - 10 PM  
Friday, 5 AM - 6 PM  
Saturday - Sunday, 8 AM - 6 PM

# *small group training studio* **policy**

## **CANCELATION/ REGISTRATION**

All participants must cancel the 12 hours before the class begins or you will be automatically charged a \$20 cancellation fee.

Classes without at least one participant signed up will be cancelled at 6 pm the evening before.

Email and/or text notification will be sent out if classes are cancelled, via Mindbody.

All passes and fees are non-refundable and non-transferable.

Download the app at [Mindbody.com](https://www.mindbody.com).



IJ & Jeanné Wagner  
Jewish Community Center